

# Resources

## General Information

Mass 211

Mass Options

## Food Assistance

SNAP (Food Stamps)

SNAP Help

WIC Application

Stone Soup Cafe

Salvation Army

Community Action Pioneer Valley

Blessed Trinity Parish

Turners Falls Community Meal

<https://franklinareasurvivalcenter.org/>

## Youth and Young Adult

Massachusetts Houseless Youth Services

NAMI Massachusetts Kids and Teens

DIAL/SELF

Youth Works

Wayfinders

Job Corp

Workforce Connections

Healthy Families

Young Parents Program

Youth and Young Adult Activism

Greenfield Community College



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# Resources

## **Parenting**

Parental Stress Line - 1.800.632.8188

Parent/Professional Advocacy League

Healthy Families

Massachusetts Resources and Services

Home Visiting Programs

CAPV Head Start / Early Head Start

Mass Head Start / Early Head Start

Parents Helping Parents

NAMI Massachusetts Family Support Groups

Center for Parent Information & Resources Online Library

Young Parents Program

Understanding Childhood Trauma and Your Family

## **Legal**

Massachusetts Legal Help

Community Legal Aid

Franklin Law Library

## **Tax Help**

Tax Help



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# Resources

## **LGBTQ+**

[LGBTQIA+ Aging Project](#)

[Sage USA](#)

[PFlag](#)

[CAPV Supports](#)

[NAMI Massachusetts for LGBTQ+ Community and Allies](#)

[Mass LGBTQ+ Mental Health Resources](#)

[Mass DMH young Adult Resource Guide \(LGBTQ Resources\)](#)

[The Trevor Project](#)

## **Disabilities**

[New England Index \(Disability Programs and Services\)](#)

[Federation for Children with Special Needs](#)

[Parent to Parent](#)

[Servicenet](#)

[Massachusetts Developmental Disabilities Council](#)

[Mass.gov Disability Resources](#)

[Valley Eye Radio](#)

## **Grandparents/Kinship**

[Kinship Navigator](#)

[Generations United](#)

[Federation for Children with Special Needs](#)



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# Resources

## **Healthcare**

[MassHealth Info](#)

[MassHealth Apply](#)

[Massachusetts Health Connector](#)

[Lifepath](#)

[CHD](#)

[CSO](#)

[Finding Dental Care](#)

[National Eye Institute Programs for Free or Low-Cost Eye Care](#)

## **Utility and Home Assistance**

[Fuel Assistance](#)

[Mass.gov Fuel Assistance](#)

[RAFT Emergency Help for Housing Costs](#)

[Rent and Utility Help](#)

[Heating Systems](#)

[Energy Efficiency Programs](#)

[Older Adult Home Modification](#)



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