

The WAVE Fall 2025 Edition

Contribute to The Wave + get \$50

Add your voice to The Wave by sharing original art, music, poems, experiences, or stories about your travels/accomplishments. The Wave is a newsletter by and for adolescents and young adults in foster care. Foster Youth in care ages 14+ can email their contribution to Maria.Lugo@mass.gov to publish and receive \$50.

Welcome
Fall



Latrell Britto

Youth's Featured story

London Cole



Courtney Pontier



Hi my name is London Cole, I'm a 17 year old and I love working with animals. During the summer of 2024 I applied for this job called Camp Bridlewood in Rowley Ma. The job description is about taking care of dogs and cats while they stay there. I wanted to work there right away but I didn't get a call or text so I applied for different jobs with no luck either. By the end of August I got a text from camp Bridlewood and they wanted to meet me in person and see if I was fit for the job. When I went in I was nervous at first but the boss was super nice and showed me around the place. The one thing I found very interesting there was that they breed savanna cats. How I prepared myself getting this job was being patient, being opened minded about the animals there and how they might react when meeting someone new. Some things I like about my job is how we can play with the puppies. Another thing I like about it is when the cats have their kittens we get to take care of them. And overall I just like how everyone is so sweet there and very caring and open minded. Lastly, I also applied for this job because when I graduated from college I wanted to be a vet assistant so I am getting an early start of it.

Practice perseverance

Eternal beauty

Life shows up when you refuse to
give up

Don't let great opportunities pass you by

Stipend Internship

Joshua Roulier



Eligibility:
DCF Youth 14-22
payment:
maximum of 80
hours in total, at
the rate of \$20
Per Hour

Next Steps:
Inquire with
DCF SW
about a
Stipend
Internship
opportunity

My name is Joshua Roulier, and I'll be starting at Suffolk University in the fall. Over the summer I had the opportunity to intern at the Massachusetts Statehouse with a state senator (Sen. Ryan Fattman). The experience was incredible, partially because of the novelty of the statehouse, but also getting to work on projects that actually impact people. One of my projects was drafting a policy memo on a bill that would assist foster children moving school districts. Having the ability to partake was a blessing, and the aid I received from the department with their internship stipend was massively helpful in doing so. The department offers a variety of different supports to pursue your passions; if you haven't already taken advantage of this, now's the time.

The Universal
Language of food

Youth's Top Story for Fall

Anthony
Escobar

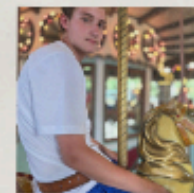
A summer feast



i ate so much food this summer while
i was out on my travels and
adventures the food was so good



My 2025 summer trips



I recently went on a trip to Six Flags this summer, and it was a lot of fun. I rode on some of the rides that I liked, even though I was kinda scared of the ones that go high because I'm scared of heights. My favorite ride was the Thunderbolt.

My fear of heights was not enough to
render me

Beach
Therapy



The beach



I went to the
beach and it
was a nice
view



Six Flags Waterpark

The waterpark was really fun, it has a lot of fun slides to go down and get wet, and there is also a pool to go swimming in. The pool has waves, and the waves are really fun too. The slides go fast, and I had so much fun going on the, and I wanted to keep going over and over again

Water Park Adventures

Resource Guide

Nationwide legal Hotline
for youth experiencing
homelessness
Service: Free, confidential
legal assistance
For more information
contact
1-888-870-DOCS



Interested in
attending a Red
Sox game?
For tickets
scan here



<https://www.mlb.com/redsox/tickets/specials/students>

Grand Opening of brand-new
Bookstore
One Student. One Book. One
Dream Movement.
Math program-tutors available
Giving away books and laptops
Volunteers Needed
To Learn more call
781-266-7774



Need
SNAP
Benefits
Apply here

https://dtaconnect.eohhs.mass.gov/?_gl=1*1jhkqlb*_ga*MTE5OTE2NzkyMi4xNzI5MTA3MzQ2*_ga_SW2TVH2WBY*cZ_E3NTc2MTM5NzkkbzMyMCRnMSR0MTc1NzYyMTU5MyRqMzUkbDAkaDA_



Need Housing Legal
Assistance?
Scan here



https://www.mass.gov/info-details/finding-legal-help?_gl=1*1adw9lh*_ga*MTE5OTE2NzkyMi4xNzI5MTA3MzQ2*_ga_MCLPEGW7WM*cZ_E3NTc2MjE1ODQkbzg0JGcxJHoxNzU3NjlxNjgzJGozNiRsMCRoMA_



SCAN ME!





<https://www.onlyinyourstate.com/experiences/massachusetts/things-to-do-in-fall-massachusetts>



**Looking for
Fun Fall
Activities?
Search here**



PSST

Don't overlook these resources



**Looking for
housing?
visit the
CHAMPS
housing
website
to apply**



<https://publichousingapplication.oecd.state.ma.us>



**Need help with
paying winter
heating bills?
Learn More**



<https://www.mass.gov/how-to/apply-for-home-heating-and-energy-assistance>



**Need help
paying for
school?
apply here**



<https://www.mass.gov/info-details/help-paying-for-school>



<https://newenglandcities.com/fall-festivals-in-massachusetts/>



**For Fall Festivals
scan
here**

